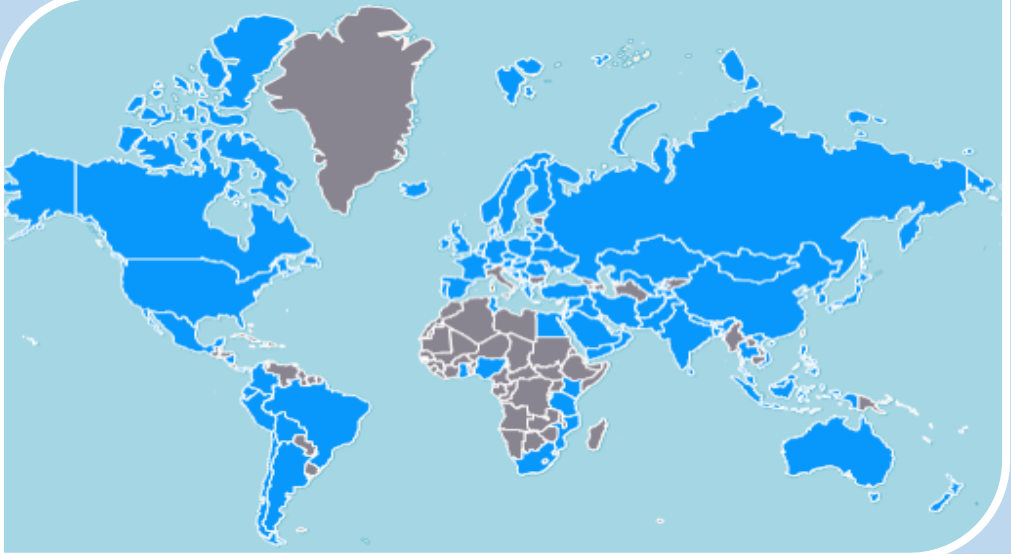




IAESTE

BELGIUM

Internship booklet – edition 2022



IAESTE IS ALL ABOUT INTERNATIONAL INTERNSHIPS.

IAESTE provides a fun way to discover the world, by working abroad. In this internship booklet you can read stories written by students, just like you, who went abroad last summer with IAESTE. The goal of this booklet is to give you some impressions, to remove all doubts and to give you the chance to get this great experience for yourself!

IAESTE is active in Ghent, Leuven and Brussels. The cooperating institutes are UGent, KUL, VUB and ULB. If you are in your 3rd bachelor or master in engineering, bio-engineering or sciences at one of these institutes

you are able to apply for an IAESTE internship.

Enjoy reading and we hope to see you on the next IAESTE activity: some time, some place, somewhere in the world.



IAESTE

BELGIUM

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AUSTRIA



My internship in Vienna this summer was one of the nicest periods of my life. I am very grateful that I could go, an internship with IAESTE is a great opportunity.

I opted to take the night train to Vienna which is good for the climate but also allowed me to take a lot of luggage with me. This was the ideal beginning of my adventure. The ride was quite exhausting but rewarding. After two days of rest I was ready to start my internship!

I worked at the University of Natural Resources and Life Sciences or BOKU at the department of forestry. I enjoyed my first working experience and the regular days. I was never bored or lonely. My colleagues were all very nice to me. The Austrians were in my experience very relaxed and made me feel at ease.

It was great that I could be a part of almost every project at the department, which made my days very varied and made me meet a large



number of people. I helped where I could. My work consisted of scientific research and literature study. It was the best preparation for my thesis next year. During the internship we did go on a lot of trips, a nice opportunity for me to explore the rest of the country.

Every Wednesday we went to Lower Austria to retrieve some wood samples. It was a welcome variation from my regular office work. Afterwards I helped with drying and weighing the samples. The highlight of my internship was a trip to Abtenau where we tested a warning system for wood logging. The mountains were breathtaking. During the internship my German

and English improved naturally.

IAESTE helped me with finding a great accommodation, I was really lucky to have a wonderful roommate from the Philippines. Nevertheless it was a great experience to live more independently: During the internship I met people from all over the world, each with different worldviews. It is a way to expand your own views, and to see Belgium from a different perspective.

During the internship I could experience new tastes every day. With work we also sometimes went to restaurants.

IAESTE also organised an international evening, everyone brought food from their home country. Donauinsel, the stately palaces of Schönbrunn and Belvedere and many other beautiful places. VIENNA STOLE MY HEART <3 And I will certainly go back!

During the weekends and after work, I had the chance to explore the city. From the moment I arrived in Vienna I felt at home. It is the cultural centre of Europe with plenty of concerts, world markets, film festivals, the cosy naschmarkt, the impressive Stephansplatz, the always enjoyable Rathausplatz, the trendy

Because Vienna is located centrally, I used Vienna during the weekends and after my internship as a base to visit other cities like Prague, Bratislava, Budapest, Graz and Ljubljana. I often went alone but never felt that way because I met countless nice people on my way.



BRAZIL



I started my master's degree and was considering doing a summer internship to develop my skills and figure out which career path would be best for me. I was looking for a research internship at a university because I had already planned to do a research internship at a private company during the second semester. When I heard about IAESTE, I was immediately eager to apply for internships in three of the various locations that IAESTE provides.

My first choice was Brazil because I had previously participated in an Erasmus exchange in Portugal, where I had gotten a taste of Portuguese-speaking culture. I also saw it as a great opportunity to practise and improve the fundamentals of Portuguese that I learned in Lisbon. I found a topic that matched my interests and studies, and I decided that I would fly to Brazil this summer!

I arrived in São Paulo at the end of July, I met Maria at the airport, and stayed in a "República" (student co-housing) for one night. The following morning, she drove me to the bus station, and I took the bus to São José do Rio Preto, the city where my campus was located. I was welcomed by my host, Geraldo, a very pleasant professor at the same university I was working at. The first day, he showed me the city around, helped me to buy a SIM card, showed me the way to the university, and introduced me to the university's administration. I had my own room with a bathroom, which was very convenient.

I was a little worried about making friends because I was the only IAESTE student residing in Rio Preto. These concerns were quickly dispelled, as the Brazilian students of the research group and the chemical department were extremely friendly. As the only international student on the campus, people

knew me as the "gringo" and invited me to the student parties from the very first week.



The research team I was a part of was excellent; I primarily collaborated on two projects with a PhD and post-doc. The working hours were flexible and varied depending on how far along the project was; they could be full days or just the morning or afternoon.

My professor was very taking some classes of understanding about Portuguese before your taking some time off to trip, even if the internship travel in Brazil, so I was is in English.

able to see a small portion of this vast country (it is as large as Europe). If you want to travel, be prepared for long bus rides!

A last thing about language; most Brazilians don't speak English at all, so I would recommend



SWITZERLAND



First of all, I would like to thank IAESTE for this great opportunity. I do not lie when I say that the 2 months of my internship were one of the best ones in my life. Switzerland offered me the perfect balance between work and leisure. I have met so many amazing people in this short amount of time, and it hurts a lot to leave everything behind.

It is impossible to describe the experience in words, I will fall into clichés when I say that everything was sunshine and rainbows, but to be honest, that was the first time I experienced something like this. This country offers unlimited possibilities and wonderful nature.

I did my internship at the Social Networks lab (ETH Zurich) and developed several extensions on existing pitch control models in soccer analysis. The researchers in the lab were so kind and were always interested in the activities I did during the weekends, supported me in my personal life and gave me tips to make the best of my time. They

taught me how to perform research efficiently, which will be an enormous advantage for my master thesis.

During the weekends, I always went with IAESTE on different trips. I received the chance to travel from the cold mountains all over to the hot Italian nature, since the country is so diverse and has good public transport. All the trips were unique and left me with so many beautiful memories. We went for example to Graubünden, Ticino and Basel. In Ticino we went out at night, enjoyed the hills around the city, took a dip in a river and hiked for half a day. In Basel we traveled through the city by jumping into a river and went down with the flow of the water. In Graubünden we went camping in the mountains with long hikes and rafting. During the week, there was always something to do in the city. I went to weekly meetings which always took place in different locations. It is a really nice

way to get to know new people, so the organization of IAESTE helped me a lot to make new friends and have a great time abroad.

This opportunity and work experience opened my eyes on the world, and showed that you can achieve whatever you want, as long as you do not give up. Zurich, you'll see me again.



PORTUGAL



After the whole Covid thing and being about to finish my studies I decided to combine the pleasant with the practical and go on an international traineeship before starting a proper job. After some searching I found an interesting position as ML engineer in a small company in Porto that seemed quite interesting.



Leaving only one day after defending my thesis, I arrived in Porto a few hours later and quite quickly discovered that it has a vibrant Erasmus community by immediately getting invited to a small diner and a night out, something that set the tone for the rest of my time here. While there was always stuff spontaneously getting planned, the ESN is quite big and active there and

constantly organizes a plethora of events, ranging from weekend trips and parties to surfing lessons, all of which were great fun.

Starting work the next morning I was pleasantly surprised by both the job and the colleagues, three of whom were also IAESTE interns, making work feel more like an enjoyable project. Despite working full time, there was plenty of time in the evenings and weekends to enjoy Porto (both the city and the drink) and the rest of Portugal which was definitely necessary since it is such a beautiful country. Some excellent examples of this are the national parks with the Penada-Geres national park as a prime example.

After going climbing with some Germans I got invited to join a group of them (for some reason almost half of Porto is German) on a weekend trip there. It is not only a beautiful mountain range with splendid views everywhere but camping and cooking there with the group and having a generally splendid evening is to this day one of my better vacations .

While Geres and the other national parks (such as Serra Da Estrela and Berlengas) are great, the Portuguese cities are equally as picturesque. While they are nowhere near the size of some others, they make this up by their sheer amount of charm and being very habitable.



While I might not be completely impartial due to living there for six months, I think Porto is definitely the one I like most with a beautiful old city center around the Douro river and lots of historic buildings, parks everywhere to cool off or watch the sunset and a vibrant nightlife. Next to this it lies basically next to the coast, making frequent trips to the ocean possible and allowing one to enjoy the beach and even go surfing as much as one likes.

While I could keep going on about how everything was amazing I'll stop here by saying that I would recommend an IAESTE internship indiscriminately to everyone (one in Porto even more so) and that many of my fondest memories are the result of these past six months.



NORWAY



I spent almost 8 weeks in Oslo, Norway, and it was amazing. First I want to mention that everything was well organized by IAESTE and they were always there when I had any questions or I needed any help. At the beginning it was a lot of paperwork and it was really hard to find an accommodation nearby Oslo, but IAESTE Norway helped me out. They found a private room in a student dorm in a town next to Oslo.

I convinced my family to join me to Oslo a few days before the internship so we could have a small holiday and do some sightseeing. After these days the internship started. Together with some other international students: one from Spain, one from Poland, one from Malta and four Norwegian students we worked in a team on an inventive and exceptional project at the University of Oslo. The idea was to develop a pilot project that changes the way of teaching: no exams anymore, no

mandatory assignments anymore and no mandatory lectures anymore. Our supervisor was not that strict when and where we had to work, as long as the project was finished in time.



Because of a lot of free time, I had the chance to explore Norway very extensively. I did a lot of activities with IAESTE Norway, but also with the other interns and even with the colleagues from work. There are so many things to mention so I will only highlight a few. The first activity is the *Oslo weekend* organized by IAESTE. We were formed in two groups and got a booklet with small tasks we had to do. The tasks were related to

Norwegian traditions or we had to go to sights located around the city. Maybe you can recognize the well-known 'the scream' in the first picture ;)

Secondly, the *mountain trip* is highly recommended! Take your hiking shoes, rent a car and drive to the North for a hiking trip (But don't forget to pack warm clothes ;). Together with the international students, we rented a car for three days and went to Jotunheimen.

Jotunheimen is a mountainous area where the highest mountains of Norway are located. Next to the mountains we could admire the beautiful fjords.

Not everyone knows this, but in Norway everyone has the right to camp wherever they want, as long as it is not on private property. Moreover there is an organization called BUA, where you can rent a tent, sleeping bag, mattresses and even hiking shoes ... for free!

We took the opportunity to camp at one of the islands in the Oslofjord and have a small BBQ at the waterside and watch the sunset. It is very extraordinary, but to make the night even more perfect, we got the opportunity to see the Northern lights.

Briefly, I really want to encourage you to apply for an internship and take the chance to explore a



different country. Next to the working experience, you also get the chance to discover other cultures and make some new (international) friends. In my case I decided together with the other

interns to not go home directly, but we did a final city trip to Stockholm, Sweden to end our internship.



POLAND



After spending a semester abroad in Norway, I knew this was something I wanted to experience again. And this is how I ended up with an IAESTE internship in Poland. I had no clue what to expect but I can say that it was one of the best experiences in my life.

After arriving in the city where I was going to do my internship, Łódź, I was a bit disappointed about the city. I thought everyone in Europe could speak English, wrong idea. But this all changed when I met my Norwegian Roommate, Rosa. We immediately got along very well and did many things together. Almost all the interns in Łódź lived in the same dormitory, so we could hang out pretty much every day together. I can honestly say that everyone I met there was so amazing. We did a lot of things together in the dormitory, doing yoga, bbq's, cooking together, watching movies together and the best evening by far was the

other cultures in this way but it struck me a lot that although we live in so different places at the end we are quite alike.

Next to doing things in Łódź, I also made a lot of trips to other cities in Poland and I even went on a Prague challenge. We arranged some trips ourselves but I also joined two IAESTE weekends and there, I met other people who also did internships in Poland. In this way, I made so many friends from all over the world. I met people from Tunisia, Japan, Spain, Ecuador, Bolivia, Lebanon, Iran, Brazil, and so much more. It was nice to get to know

other cultures in this way but it struck me a lot that although we live in so different places at the end we are quite alike.

It was also very nice to experience the Polish culture and food. A must try in Poland is the famous Pierogi, but I am still not sure if I like them or not. Next to this, the Polish people are so kind. Even though some of them don't speak English, they would always try to help you.

Next to travelling I also worked off course. I worked together with another intern and 2 supervisors who were the nicest and friendliest people ever.



Most of our work days To end up: this consisted of only 2 hours experience I will never working in the lab, so we forget, I made friends for had the afternoon free life and had the best time. and then we explored the city with

other interns who also had short days. The work itself was so nice, we made a photovoltaic cell based on a sustainable product and we just had a lot of fun during the job.



AUSTRIA



From July until September I did an internship in Klosterneuburg, Austria. I really wanted to have an international experience after finishing my master's degree, but soon discovered this is not as easy as I first assumed. After graduation, a lot of programs such as Erasmus+ expect you to plan everything yourself, which is a lot of work combined with writing a thesis. IAESTE was awesome in this regard! I could do an internship, provided I was still enrolled (which I was until the end of September). For such a small fee they aided a lot: making bank appointments, informing me of everything that was necessary, giving a goodie bag, organising fun activities etc. I already felt really welcomed from the first day onwards.

While the internship at Höhere Bundeslehranstalt und Bundesamt für Wein- und Obstbau was more literature review than I expected due to some issues in the company, they provided a lot of

other benefits. They paid well (more than the cost of living so I could splurge a bit :D), gave me 5 days of paid leave and gave me flexible hours. The colleagues were friendly and even invited me to a birthday barbecue.

Due to my long internship (11 weeks) and close proximity to Vienna, I could really explore and delve deeper into the local Viennese and Austrian culture. I explored magnificent locations such as the Kunsthistorische and Naturhistorische museums, Karlskirche, Votivkirche, Belvedere and who can forget the never-ending fun fair, Prater. Vienna also holds

many green spaces such as Schönbrunn gardens and Donauinsel and is culturally bustling with many events such as concerts at Musikverein and a free (always good to hear as a student), 2 months long 'Filmfestival' at Rathausplatz with international cuisine. Speaking of, IAESTE organised an international food evening where everyone had to cook/bring something from their home country. Everyone tried local food from so many countries and thus learned about so many different cuisines at once. It was amazing!



People from IAESTE also gave an insiders tour of Vienna with fun quirky lesser known facts and less well known places. We ended that amazing tour by sipping a cool drink at Donaukanal like locals.

I not only visited Vienna but also travelled to Salzburg, Graz, Bratislava and München. All of this travelling was really affordable due to an ÖBB summer ticket and the Deutsches Bahn €9 ticket. In München I learned to love the Viennese public transport. Unlike in

München, everything is very close in Vienna. Most things in Vienna are close to the Ringstraße, and if it's not then it's easily accessible due to the extensive U-bahn, tram and bus network. Graz also has a big city feel, just like Vienna, which I adored.

To my surprise, I also learned more about Belgium due to my stay in Austria. As a result of the prolonged absence of Belgian culture, I learned what is and is not uniquely Belgian (a good 'smoske' apparently is). I would

definitely recommend Austria both for city lovers and people who love nature. It definitely was an enlightening experience for me.



SWITZERLAND



When I applied for my IAESTE internship, I never expected to apply for one of the best experiences of my life. And even though it wasn't my first choice (which was initially Ecuador), looking back, it feels like life was giving me a little nudge in the right direction: **Zürich.** Being a little skeptical and uneasy at first, I thought: "Fuck it. Why not? Let's do this."

BEST. DECISION. EVER.

This summer, I spent 3 months at the plant ecology group of ETH in Zürich, helping with experiments studying the effects of climate change on alpine plants. My job consisted of two main kinds of work: lab or greenhouse work, of which I did a little, and more importantly fieldwork, the best kind of work in my opinion. Fieldwork meant visiting different field sites across the whole of Switzerland, staying in a hut up in the mountains for a whole

week, collecting data in different forests, hugging some cows, being pestered by butterflies licking your sweat, climbing up and down hills, a lot of beautiful bumblebees and peacefully enjoying the most beautiful mountain views away from the loud city... Fieldwork also meant waking up early to get to work, mosquito bites and some rainy days, but I loved every second of it.



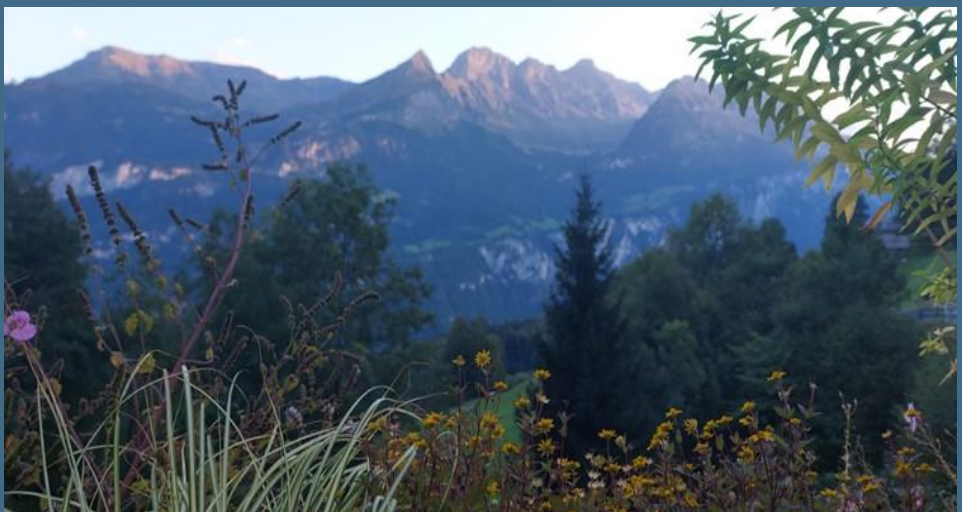
Besides work, the many lakes in Switzerland, especially the large lake of Zürich, provided an afterwork escape from the scorching summer temperatures. IAESTE also provided a lot of great mountain weekends and activities for the incoming trainees, plus a great buddy to help me with finding accommodation and all helpful information (bank accounts, bus and train subscriptions...) for a great start in Zürich. I was lucky to have wonderful roommates in my cozy

WG and epic colleagues with whom I could spend many evenings at those lakes, but also at bars, in the park playing Kubbb, watching movies and series and the occasional party.

Without them, life there would be a little less great and when it came to saying goodbye to them, it was exceptionally hard for me...without knowing when, where or even if I'll ever see them again.

Not only has this little 3-month-long trip broadened my horizon,

improved my languages and introduced me to a different way of working and living... it has given me wonderful friends for life. I would recommend doing an IAESTE internship to everyone. Go go go! Cheers!





Since I missed my chance to go abroad on an Erasmus project and an internship in Germany, I really wanted to go abroad in my final year of study. The destination did not matter, but when I saw an internship in Malta about micro and nano plastics, the offer couldn't get any better. Although the internship was rather short (only four weeks), I was focused on getting it. And I succeeded. So, on the 22nd of July, I went to the airport, ready for a short but wonderful adventure in Malta.

I landed after a massive delay at 2 am on Maltese ground, and the heat immediately took me by surprise as it was still 26°C. Packing sweaters was a mistake, was my first thought. I ordered a cab to my place to stay, and by coincidence, I met one of the other interns, Aleks, in the cab, so my first friendship was made.

After a day of adapting to the heat, it was time to dive into Maltese nightlife and meet some other interns. It surprised me that sunset was so early

here (around 8 pm), but eventually, it seemed like a very nice opportunity to watch beautiful sunsets every day. The group of interns was very nice, and I immediately had a Norwegian friend, Mina, to discover Malta.



My first day at the university was a bit of a hassle as I could not find where I had to be. Luckily, after running around and covered in sweat, I saw one of my supervisors. Luckily Hanuma was a real gentleman and gave me some time to cool down before taking me to visit the lab and explain the project. The lab work I executed was not very difficult, but I saw some interesting techniques for

the characterization of micro and nano plastics. My colleagues in the lab were very hospitable, and they loved cake. Every time there was something to celebrate, a birthday, the last day of an intern, there was a cake to share.

I also noticed that Maltese people really love to talk, and so they are the best way to discover Malta as they like talking about the history and the best spots to visit in their country. So, if you are going on an internship, talk with the locals!! That way, I discovered a special swimming spot in Gozo. I saw the best fireworks in Hal Lija. I learned about the feasts organized by every village to celebrate their patron saint. I tasted the typical Maltese dishes, and I even received figs and prickly pears from Andrew to take home.

On the weekends, the IAESTE members of Malta organized small events or gave us hints on what to visit. So, that way, I saw Bastille for only three euros and learned how to SUP. However, the best experience was the boat party with the meteorite shower on the beach afterwards.

I absolutely loved my stay in Malta. It was a short but amazing experience as I got to know many people from different countries with different backgrounds. I would say that was maybe the most interesting part of the journey. I hope to see them again someday. It leaves me to say, go for an internship, it is worth it!



NORWAY

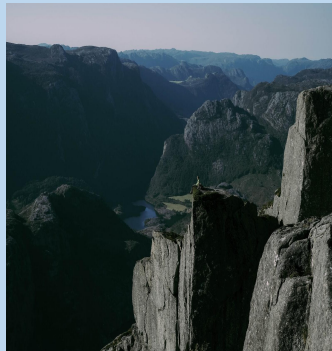


In short: The best adventure one could imagine! It was not only an internship in engineering, it was an adventure in which I pushed my boundaries and in which I made friends for life!

I've been in Norway before 8 years ago and have wanted to go back ever since because I fell in love with its magnificent nature. I convinced my parents to go on vacation in Denmark by car and take the ferry to Bergen. That way I could bring lots of Belgian beers to share with the lovely people I was about to meet because everything, especially alcohol, is ridiculously expensive in Norway (€10 for a beer in a bar). Luckily, the internship's salary was 'Norwegian' as well and covered all my expenses and travels (which can be cheap because nature is free).

While driving North a few days prior to the start of the internship I still did not have accommodation which IAESTE Norway should arrange. I was

preparing for the worst of having to cancel the internship and joining my parents back to Belgium, but luckily they found an affordable tiny apartment which I shared with 2 other amazing interns. I slept on a sleeping-sofa in the living room for 6 weeks, but I loved it!



We socialized with the other IAESTE interns at a local boat festival and did a trip on the fjords on an old expedition ship. It was the beginning of many weekend trips which we would plan a few days before after work. Johan from IAESTE Norway invited us to his family cabin close to Bergen in my first workweek. I had to ask for 2 days off work but my supervisor was super chill and insisted that I

enjoyed Norway! As Norwegians are extremely friendly, he even gave me some homemade cider to enjoy. I could drive Johans small boat in the fjords and learned how to fish :D! On some weekends after, we rented a cheap car via car sharing and did many crazy things which would take 10 pages to fully explain. Some highlights:

- Getting up at 4am to drive and hike (sprint) up Preikestolen in Stavanger to avoid the tourists. Enjoy breakfast at the verge of a cliff 400m deep into the fjord. (Figure 1)
- Camping in tents at a minifestival in Hallingskeid, which is nothing more than a train station and 4 huts in the cold and icy but beautiful mountains. The campfire, music, hikes, drinks and company kept us warm.

- Admiring the northern lights in Voss due to some lucky high solar activity while taking a sauna. Hiking up mount Oksen which gave us the view over the Hardangerfjord. (Figure 2)
- Watching the sunset next to a glacier at the Fonnabu-hut with some whiskey we found in our rental car

(lucky again) after hiking 1500m of height.
Everything passed so quickly and I would've loved to stay much longer in Norway. To anyone who is hesitating to apply: take a leap of faith! You will not regret it...





Between my first and second master I did a two month internship at Restoration Directorate, Malta. This was an incredible experience for many reasons. I think Malta is the perfect place to do an internship. It isn't a big island, so the large variety of beaches, pitoresk villages and beautiful landscapes is easy to explore. As from July to September the office is only open from 7h30-13h30, this gives you a perfect afternoon to explore the island. Be prepared for the hot weather. If you have explored the island Malta fully, a weekend to Gozo or Sicily is easy by ferry. I made some local friends and friends from all over Europe. My English improved a lot.

As a student engineering architecture it was very interesting to set my theoretical knowledge to practice in a total different context than I'm used to. The people at the office are very welcoming and in the kitchen you can always chat with everybody

while making a coffee. It is interesting to hear about all the different projects people in the office are busy with.



I was taken on site to document sites, do measurements and learn about the process of laser scanning. This showed me what needs to be done on site before starting with a project in the office. I found especially the scanning very interesting as this was my first encounter with it.

I got the chance to draw up parts of buildings and do deterioration mapping. I refined my drawing style and developed more eye for detail. Through the

various site visits, I came into frequent contact with limestone and gained knowledge about the various deterioration phenomena. I gradually learned to distinguish different phenomena from each other. As I before had very little knowledge about limestone, this was convenient for me to also be able to do deterioration mapping.

The main project I got the opportunity to take part in included the understanding of the whole site, historical research along with design. I learned about the importance of readability of a heritage site, the focal points for material use and how integrating the right function can revive a site.

Finally, I also visited sites where restoration works were already in full swing or completed. I think in this way I gained knowledge about the whole process of restoration, conservation and rehabilitation.

I wasn't sure what to expect before my internship, but it's an unforgettable experience.





There are no words to describe the amazing experience that I had in Iran. It is a wonderful country with plenty of culture, history and even nature. I was amazed to see how beautiful natural green landscapes the country possesses and such great architecture and very warm people. Tehran is a huge city with plenty of different zones, some parts look like the typical idea of the middle east and others are very technological new zones, but all mosques have mosaics and plenty of shiny mirrors that look awesome. The city is hectic and there are a lot of parts where there are no traffic lights so it is a fun adventure just to cross streets, especially near the dorm that is near the center. English speakers in normal Iran are not easy to find but people are always willing to help you.



I spend around 2 months in Iran, the country has some regulations and is under sanctions that makes life a little bit difficult for foreigners to have a chill time but the committee in Iran took good care of us and explained us beforehand what needed to be done to have a good stay, like no credit cards working on there, the need of a VPN and phone device issues after one month on the country, but everything has a solution!!!

They also arranged and gave us all the information to have a good time. Almost every week there was an event that was a little trip that could be even out of Tehran and during the summer a big one-week trip was arranged to see 3 cities in Iran. Anyway, there was always contact with everybody as most of the interns lived in the same dormitory, one building for boys and another for girls. The room and space in general were pretty good, I had a roommate that was another intern. Everyone on my floor was international and had a lot of interaction cooking or taking tea together. Almost every night we went out to have dinner or do some evening sightseeing together, we were around 19 interns (most of them from Europe) and all of us working in a different company or university.

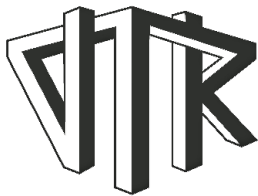
Usually, the taxi is About food and prices, as incredibly cheap, but I a Mexican the food lack took the subway to go to taste, but it was very work close to the dorms. I interesting to see a worked in a cool looking different cuisine but after and young company, I a while it started being a did web design, and it little bit repetitive and I was a lot of learning. Most decided to go back to of the companies in Iran western food, the prices work 6 days a week so be of everything were very ready for that! but the cheap and as actual weekend is international it is not Thursday and Friday. difficult to have a good lifestyle on there.



ARE YOU READY FOR AN INTERNATIONAL INTERNSHIP?



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APPLY FOR IAESTE:

Wishlist: 21/11/2022 – 01/01/2023

Start applications at the beginning of February 2023

Applications close and nomination: End of February + March 2023

CONTACT US:

LC GHENT: iaeste@vtk.ugent.be

LC BRUSSELS: iaeste@vub.ac.be

LC LEUVEN: iaeste@vtk.be

